DECEMBER 2022 **U/ID 22196/UCG4B**

Time : Three hours Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer any TEN questions, each in 30 words.

1. Explain counselling psychology.
2. Define rapport.
3. Explain cognitive counselling.
4. What is Problem-solving?
5. Explain regard.
6. What is a therapeutic alliance?
7. Define reward.
8. Explain empathy.
9. Define assertiveness.
10. What is reinforcement?
11. Explain confronting.
12. Explain termination.

PART B — (5 × 5 = 25 marks)

Answer any FIVE questions each in 200 words.

13. Enlist the purpose of counselling.

14. Give a short note on the qualities of an effective counsellor.

15. Briefly explain child counselling.

16. Narrate a short note on career counselling.

17. Mention the basic skills of the counselling process.

18. Write a short essay on the role of research in the counselling profession.

19. Describe planning for counselling.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions each in 500 words.

20. Explain the ethics in counselling.

21. Describe any two theories of counselling.

22. Summarize on the process and advantages of marriage counselling.

23. Discuss the nature and importance of therapeutic alliance in counselling process.

24. Write on assessment and formulation in counselling.

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