MAY 2023 **U/ID 22196/UCG4B**

Time : Three hours Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer any TEN questions each in 30 words.

1. Explain counselling psychology.
2. Define goal.
3. Explain behaviour counselling.
4. What is cognition?
5. Explain regard.
6. What is pre-marital counselling?
7. Define reward.
8. Explain sympathy.
9. What are the stages in counselling process?
10. What is reinforcement?
11. Explain assessment.
12. What is case formulation?

PART B — ($5 \times 5 = 25$ marks)

Answer any FIVE questions each in 200 words.

13. Write an account on ethics in counselling.

14. Give a short note on person-centred counselling.

15. Briefly explain crisis intervention counselling.

16. Narrate a short note on career counselling.

17. Mention the basic skills for the counselling process.

18. Write a short essay on the assessment in the counselling.

19. Describe planning for counselling.

PART C — ($3 \times 10 = 30$ marks)

Answer any THREE questions each in 500 words.

20. Discuss the goals of counselling in detail.

21. Describe the cognitive and behavioural theories of counselling.

22. Summarize Group Councelling in detail.

23. Elaborate on the first two stages of the counselling process.

24. Describe the client variables in counselling context.

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