MAY 2024 **U/ID 22196/UCG4B**

Time : Three hours Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer any TEN questions each in 30 words.

1. Define Counselling.

2. What is the primary goal of person centered counselling?

3. Define groups counselling.

4. Who is a Delinquent?

5. What does crisis intervention refer to?

6. What is Career Counselling?

7. What is Rapport Building?

8. What does Genuineness refer to?

9. Enlist the qualities of a counsellor.

10. What does case formulation mean?

11. What does confidentiality refer to?

12. What are the types of reinforcement?

PART B — (5 × 5 = 25 marks)

Answer any FIVE questions each in 200 words.

13. Explain the goals of counselling.

14. What are the basic assumptions of cognitive counselling?

15. Describe the technique of Token Economy.

16. Explain the steps involved in premarital counselling.

17. What are the types of skills required for an effective counsellor?

18. Explain the stages of Group Development.

19. What are the basic aspects involved in Assessment during counselling?

PART C — (3 × 10 = 30 marks)

Answer any THREE questions each in 500 words.

20. Elaborate upon the ethics in counselling.

21. Give a detailed account on person centered counselling.

22. Elucidate upon the process involved in family counselling.

23. Explain the working phase of the counselling process.

24. How is the preparation for counselling planned by a counsellor? Elaborate.

———————