DECEMBER 2022 **P/ID 28712/PCY1C**

Time : Three hours Maximum : 80 marks

SECTION A — (10 × 2 = 20 marks)

Answer any TEN questions in 50 words each.

1. Interpret the significance of Confidentiality.

2. Identify the term Diagnosis.

3. Enumerate the need for self-exploration in counselling.

4. How would you define Anxiety?

5. Explain the term Dream analysis.

6. Outline the importance of *Diagnostic and Statistical Manual of Mental Disorders-5*.

7. Explain phallic stage in psychoanalytic model.

8. Define Restricted existence.

9. State the meaning of Resistance.

10. Write a short note on Ego psychology.

11. Outline the meaning of guiding self-ideal.

12. Identify the concept of early recollections.

SECTION B — ($5 \times 6 = 30$ marks)

Answer any FIVE questions in 250 words each.

13. Identify the differences between the id, ego, and superego.

14. State the thumb rules to be followed in counselling and psychotherapeutic relationship.

15. Evaluate the right of informed consent.

16. Summarize the steps in Making Ethical Decisions.

17. Identify what is expected of clients who participate in traditional (classical) psychoanalysis.

18. Expound on beliefs and Attitudes in an Effective Multicultural Counselor.

19. Describe what is involved in the reorientation and reeducation process.

SECTION C — ($3 \times 10 = 30$ marks)

Answer any THREE questions in 500 words each.

20. Examine the key concepts and basic assumptions underlying existential approach.

21. What do you consider to be the main factors currently influencing counselling and psychotherapy? Justify.

22. Explain how ego-defense mechanisms help individuals cope with anxiety.

23. Identify issues faced by beginning therapists.

24. Understand the application of Gestalt therapy to group counseling.