DECEMBER 2023 **P/ID 28712/PCY1C**

Time : Three hours Maximum : 80 marks

PART A — (10 × 2 = 20 marks)

Answer TEN questions in 50 words each.

1. Define privileged communication.
2. What is informed consent?
3. Define psychotherapy.
4. What is counselling model?
5. Define intellectualization.
6. What is free association?
7. Define collective unconscious.
8. What is lifestyle?
9. Define phenomenology.
10. What is existential vacuum?
11. Define congruence.
12. What is organismic Self-regulation?

PART B — ($5 \times 6 = 30$ marks)

Answer any FIVE questions in 250 words each.

13. Comment on personal and professional aspects of counselling.

14. Analyze the importance of basic communication skills in counselling.

15. Write about object relations theories.

16. Mention about Jungian psychotherapy.

17. Explain self-psychology.

18. Make a note on therapeutic process of Adlerian therapy.

19. Narrate key concepts in reality therapy.

PART C — ($3 \times 10 = 30$ marks)

Answer any THREE questions in 500 words each.

20. Write in detail about current trends in counselling in 21st century.

21. Critically examine the need for cultural diversity and psychotherapy integration.

22. Compare and contrast psychoanalytic and psychodynamic theories.

23. List out key concepts in existential therapy.

24. Critically examine therapeutic process of transactional analysis.

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