MAY 2022 **P/ID 28712/PCY1C**

Time : Three hours Maximum : 80 marks

PART A — (10 × 2 = 20 marks)

Answer any TEN questions in 50 words each.

1. Define Confluence in Gestalt therapy.

2. Interpret the term Counter transference.

3. Enumerate the need for figure-formation process.

4. List the effects of unfinished business.

5. How would you define psychotherapy?

6. Classify the birth order influence given by Adler.

7. Understand the right of informed consent.

8. State the meaning of boundary violation.

9. Explain the concept of *bracketing* in counselling.

10. What do you mean by Persona?

11. Write about Interpretation used by psychoanalytic therapists.

12. Analyse self psychology.

PART B — (5 × 6 = 30 marks)

Answer any FIVE questions in 250 words each.

13. Understand the benefits of seeking personal counseling as a counselor.

14. Enumerate Sonic Principles of Gestalt Therapy.

15. What is involved in acquiring competency as a multicultural counselor?

16. Identify the major themes that characterize existential philosophy and therapy.

17. State the Emotion-Focused Therapy in detail.

18. List the Practical Guidelines in Addressing Culture while counselling.

19. Analyze on whether Counseling is Culture-Bound.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions in 500 words each.

20. Delineate the key similarities and differences between counselling and psychotherapy.

21. Describe some of the main stages of counselling.

22. Examine the key concepts and principles of motivational interviewing and the stages of change.

23. Compare – Freud's Psychosexual Stages and Erikson's Psychosocial Stages.

24. Identify the therapeutic process of existential therapy.

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