DECEMBER 2023 **P/ID 28714/PCY2H**

Time : Three hours Maximum : 80 marks

PART A — (10 × 2 = 20 marks)

Answer any TEN questions, in 50 words each.

1. Who is a Counselor?
2. What is Pharmacology?
3. What do you mean by Neuro-science?
4. APA
5. REBT
6. Write a note on Cognitive restructuring.
7. What is Psycho education?
8. Throw light on Dream analysis.
9. Write a note on Dance therapy.
10. What is Regression?
11. What is Incantation?
12. What is Brain-spotting?

PART B — ($5 \times 6 = 30$ marks)

Answer any FIVE questions, in 250 words each.

13. Elaborate on major classification of disorders.

14. Differentiate neuroscience and neuro-psychotherapy.

15. Examine the relaxation techniques.

16. Short note on goals of family therapy.

17. Illustrate about the importance of brain-spotting.

18. Write about the different psycho-therapies.

19. Write a brief note on role of therapist.

PART C — ($3 \times 10 = 30$ marks)

Answer any THREE questions, in 500 words each.

20. What are the techniques in integrative psychopharmacology? Explain.

21. Discuss the uses of accepted and commitment therapy.

22. Examine therapeutic processes of narrative therapy.

23. Highlight the aspects on coherence therapy.

24. Analyze the benefits and limitation of integrated psychotherapy.

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