MAY 2022 **P/ID 28714/PCY2H**

Time : Three hours Maximum : 80 marks

PART A — (10 × 2 = 20 marks)

Answer any TEN questions in 50 words each.

1. Define social cognitive theory.

2. Explain Antecedent events with an example.

3. Interpret arbitrary inferences

4. What does neurogenesis mean?

5. State any two techniques of self regulation

6. Specify the process of Systematic desensitization.

7. What does the term extinction mean?

8. List the Three theoretical assumptions of Cognitive Therapy

9. Define the term labeling with an example.

10. State the functions of neurotransmitters.

11. Write a note on Session Rating Scale.

12. What is the meaning of logotherapy?

PART B — (5 × 6 = 30 marks)

Answer any FIVE questions in 250 words each.

13. Explain the main thrust of Emotion-Focused therapy.

14. Understand the role of the therapist's attitudes in the person-centered therapy.

15. Evaluate the Combined Treatment method for social phobia

16. How does cognition occur in three levels of information processing?

17. Describe how the A-B-C model is a way of understanding the interaction among feelings, thoughts and behavior.

18. Elaborate the cognitive distortions given by Beck.

19. Write a note on newly emerging field of cultural neuroscience.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions in 500 words each.

20. Differentiate the four developmental areas of behavior therapy.

21. Discuss about multi generational process of family therapy.

22. Delineate on Neuroscientific models of Psychopharmaco psychotherapy.

23. Describe the mindfullness integrated CBT.

24. Identify the pathways to psychotherapy Integration.

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