MAY 2023 **P/ID 28714/PCY2H**

Time : Three hours Maximum : 80 marks

PART A — (10 × 2 = 20 marks)

Answer any TEN questions in 50 words each.

1. Define Counselling.

2. What is Psycho pharmacology?

3. Write a note on Observation.

4. Define Depression.

5. What is meant by CBT?

6. What is Triangulation?

7. How do you define Genograms?

8. What is Art therapy?

9. Define Family.

10. What is Brain spotting?

11. Define psychotherapy.

12. What is Integrative Psychotherapy?

PART B — (5 × 6 = 30 marks)

Answer any FIVE questions, in 250 words each.

13. Write a brief note on applied behavior analysis.

14. Write a note on REBT.

15. Elaborate on Bandura' s social modelling.

16. Discuss about the music therapy.

17. Highlight the ideas of the Bowen theory.

18. Illustrate on NLP.

19. Examine the counselling skills for counsellor.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions in 500 words each.

20. Discuss about psycho-pharmacology.

21. Illustrate the case study for depression and its treatment procedure.

22. Write about techniques in art therapy.

23. Elaborate on eye movement desensitization and reprocessing.

24. Analyze the importance of multimodal therapy.

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