DECEMBER 2023 **P/ID 28718/PCY4U**

Time : Three hours Maximum : 80 marks

PART A — (10 × 2 = 20 marks)

Answer any TEN questions, in 50 words each.

Write a short note on the following

1. Development.
2. Family.
3. Coping.
4. Psychodrama
5. Role Playing.
6. Collage.
7. Mandala Colouring.
8. Self Blame.
9. Procrastination.
10. Dynamics.
11. ADHD.
12. Anorexia Nervosa.

PART B — (5 × 6 = 30 marks)

Answer any FIVE questions, in 250 words each.

13. Write short notes on Goals of Therapy.

14. Make a note on Therapeutic Process.

15. Explain about benefits of Art Therapy.

16. Explicate on Margaret Lowenfeld Play Therapy.

17. Briefly mention about Story Writing.

18. Differentiate between ACT and MBCT.

19. How to treat Substance Abuse Disorder by Dialectical Behaviour Therapy? Explain.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions, in 500 words each.

20. Enumerate on Solution Focused Therapy.

21. Elaborate on Types of Arts Therapies

22. Describe about Music Therapy.

23. Elucidate on Narrative Therapy.

24. Give a detailed account on CBT.

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