MAY 2023 **P/ID 28718/PCY4U**

Time : Three hours Maximum : 80 marks

PART A — (10 × 2 = 20 marks)

Answer any TEN questions, in 50 words each.

Write a short note on the following

1. Family Dynamics.
2. Coping.
3. Compliments.
4. Therapy.
5. Music.
6. Drama.
7. Play.
8. Therapist.
9. Personality
10. Client.
11. DBT.
12. Uses of CBT.

PART B — (5 × 6 = 30 marks)

Answer any FIVE questions, in 250 words each.

13. Explain about Social Constructivism.

14. Make a note on Brief Therapy.

15. Write short notes on Drama Therapy.

16. Explicate on Play Therapist.

17. Briefly mention about Psychopathology Theories.

18. Differentiate between ACT and DBT.

19. Narrate on Dialectical Behaviour Therapy.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions, in 500 words each.

20. Describe about Personality Theories.

21. Elaborate on Play Therapy.

22. Enumerate on Therapeutic Process of Art Therapy.

23. Elucidate on Goals of Therapy.

24. Give a detailed account on MBCT.

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