MAY 2025 **P/ID 28718/PCY4U**

Time : Three hours Maximum : 80 marks

PART A — (10 × 2 = 20 marks)

Answer any TEN questions in 50 words each.

1. Denote on counter transference.
2. What is miracle questioning?
3. What is improvisation music therapy?
4. What is sand play therapy?
5. Mention on imagination.
6. Mention on play therapy.
7. Write about human nature.
8. What is maladaptive behaviour?
9. Denote on MBCT.
10. Write on group therapy.
11. Write about distress tolerance.
12. Write a note on psychological flexibility.

PART B — ($5 \times 6 = 30$ marks)

Answer any FIVE questions in 250 words each.

13. State the view of human nature.

14. Discuss about single successful sessions.

15. Explain compositional music therapy.

16. Describe the role of Linda Homeyer in the development of play therapy.

17. Discuss the role of client in the therapeutic process.

18. State the concept theory of personality in narrative therapy.

19. Mention about commitment therapy.

PART C — ($3 \times 10 = 30$ marks)

Answer any THREE questions in 500 words each.

20. Illustrate on the therapeutic relationship.

21. Elaborate on the cognitive-behavioural play therapy.

22. Explain the phenomenological perspective of music therapy by Michele Forinash.

23. Describe the phases of therapy in the therapeutic process.

24. Describe the dialectical behaviour therapy.

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