DECEMBER 2022 **P/ID 28719/PCY4W**

Time : Three hours Maximum : 80 marks

PART A — (10 × 2 = 20 marks)

Answer any TEN questions in 50 words each.

1. What are the characteristics of PTSD?

2. What do you mean by trauma?

3. Define crisis.

4. List out the stress hormones.

5. What do you mean by grief?

6. Define CBT.

7. What is the biological response to trauma?

8. Mention the cause of PTSD.

9. Define Mental health.

10. What is meant by acute stress reactions?

11. Mention any three therapy methods used in trauma counselling.

12. What do you mean by vicarious traumatization?

PART B — (5 × 6 = 30 marks)

Answer any FIVE questions in 250 words each.

13. Discuss about the risk factors of PTSD.

14. Write a short note on the developmental coordination disorder.

15. Describe briefly the stages of grief.

16. Write about associating conditions in traumatic grief.

17. Write a short note on evidence based treatment for PTSD.

18. Briefly explain post traumatic growth.

19. Write briefly about trauma and loss.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions in 500 words each.

20. Write an overview on the biological basis of PTSD.

21. Write a detailed note on the complex post traumatic stress disorder.

22. Describe Cognitive behaviour therapies for PTSD in detail.

23. Discuss about disaster mental health and acute stress reactions in detail.

24. Explain in detail the symptomatology and assessment measures of PTSD.

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