DECEMBER 2024 **P/ID 28719/PCY4W**

Time : Three hours Maximum : 80 marks

PART A — (10 × 2 = 20 marks)

Answer any TEN questions in 50 words each.

1. How does PTSD impact daily functioning?

2. How does trauma contribute to the development of PTSD?

3. What are some of the limitations of using antipsychotics in PTSD treatment?

4. What are the risk factors for developing PTSD?

5. Define the term trauma.

6. How does trauma impact development?

7. What are some common symptoms of Complex PTSD?

8. Discuss the role of family support in trauma recovery.

9. How does PTSD affect daily functioning?

10. List some techniques used in exposure therapy for PTSD.

11. Define the term crisis intervention.

12. What are some common triggers for acute stress reactions?

PART B — ($5 \times 6 = 30$ marks)

Answer any FIVE questions in 250 words each.

13. What role does genetics play in the development of PTSD?

14. How does the brain respond to trauma in individuals with PTSD?

15. What is the difference between acute and chronic trauma?

16. Explain the concept of re-traumatization.

17. Describe the process of narrative exposure therapy.

18. What role do social support networks play in posttraumatic growth?

19. What are some challenges in treating PTSD?

PART C — ($3 \times 10 = 30$ marks)

Answer any THREE questions in 500 words each.

20. What are some alternative therapies for PTSD, and how effective are they?

21. Describe the role of therapists in treating trauma.

22. Explain the concept of trauma-informed care.

23. What are some self-care strategies to prevent compassion fatigue?

24. Describe the role of relaxation techniques in PTSD treatment.

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