MAY 2025 **P/ID 28719/PCY4W**

Time : Three hours Maximum : 80 marks

PART A — (10 × 2 = 20 marks)

Answer any TEN questions in 50 words each.

1. What is PTSD?

2. How does PTSD impact daily functioning?

3. What are the risk factors for developing PTSD?

4. What are some biological factors associated with PTSD?

5. What are some risk factors for developing complex PTSD?

6. What are some behavioural signs of trauma in children?

7. List some common symptoms of PTSD.

8. What are some symptoms of traumatic grief?

9. What is the primary goal of crisis intervention?

10. Give examples of 't'-trauma and 'T'-trauma.

11. Describe exposure-based treatments for PTSD.

12. What is posttraumatic growth?

PART B — (5 × 6 = 30 marks)

Answer any FIVE questions in 250 words each.

13. What are some assessment measures used to evaluate PTSD?

14. What are the potential side effects of medications used for PTSD?

15. Explain the concept of traumatic grief.

16. What are some coping mechanisms for trauma survivors?

17. Explain the concept of reintegration in crisis intervention.

18. How does crisis intervention differ from long-term therapy?

19. How does vicarious traumatization affect professionals working with trauma survivors?

PART C — ($3 \times 10 = 30$ marks)

Answer any THREE questions in 500 words each.

20. Describe the importance of trauma-informed care.

21. What are some coping mechanisms for managing PTSD symptoms?

22. How can cognitive-behavioural therapies help individuals cope with trauma? Discuss.

23. Describe the process of systematic desensitization in exposure therapy.

24. What are some potential side effects of exposure therapy? Explain.

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