DECEMBER 2024 **P/ID 28469/PPY2J**

Time : Three hours Maximum : 80 marks

PART A — (10 × 2 = 20 marks)

Answer any TEN questions in 50 words each.

1. What is the definition of guidance and counselling?

2. What are the phases of the counselling process?

3. How does assessment play a role in counselling?

4. What are the physical changes during childhood?

5. How do social interactions change during adulthood?

6. What are the typical problems of adolescence?

7. What types of questions are useful in counselling sessions?

8. What is the purpose of making notes and reflections during counselling sessions?

9. Why are ethical standards important in counselling?

10. What are the consequences of breaching confidentiality in counselling?

11. What unique challenges do delinquents face in counselling?

12. What are the key components of the referral process in counselling?

PART B — (5 × 6 = 30 marks)

Answer any FIVE questions in 250 words each.

13. How does guidance contribute to personal development?

14. Describe the role of empathy in counselling.

15. How does moral reasoning evolve over a person's life?

16. What are the psychological challenges of aging?

17. What is the role of emotional involvement in counselling?

18. Why is it important for counsellors to be aware of potential dual relationships?

19. What are some characteristics of socially and economically disadvantaged groups?

PART C — (3 × 10 = 30 marks)

Answer any THREE questions each in 500 words.

20. What ethical considerations are important for counsellors?

21. What role do family dynamics play in childhood development?

22. What techniques can counsellors use to facilitate exploration of clients' feelings?

23. How do counsellors ensure fairness and accuracy in assessments?

24. What interventions are effective in reducing delinquency rates?

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