MAY 2025 **P/ID 28469/PPY2J**

Time : Three hours Maximum : 80 marks

PART A — (10 × 2 = 20 marks)

Answer any TEN questions in 50 words each.

1. How do life goals relate to guidance?

2. What are the key characteristics of an effective counsellor?

3. What interventions are commonly used in counselling?

4. What are the signs of adolescent turmoil?

5. How does moral reasoning evolve over a person's life?

6. How do adults manage work-life balance?

7. How does a counsellor maintain professionalism while being empathetic?

8. What are the characteristics of a successful counselling interview?

9. What are the rights of clients in counselling?

10. What dimensions are involved in maintaining confidentiality in counselling?

11. What strategies can be used to support drop-outs in counselling?

12. How can counsellors assist AIDS patients in coping with their diagnosis?

PART B — (5 × 6 = 30 marks)

Answer any FIVE questions in 250 words each.

13. How does cultural competence influence counselling?

14. How do counsellors maintain boundaries with clients?

15. How does aging affect mental health?

16. What social support systems are available for the elderly?

17. What ethical considerations should counsellors keep in mind during sessions?

18. How can counsellors navigate dual relationships ethically?

19. What are some common issues faced by drug addicts and alcoholics in counselling?

PART C — (3 × 10 = 30 marks)

Answer any THREE questions in 500 words each.

20. What are some common ethical dilemmas in counselling?

21. What are the consequences of unresolved childhood problems in adulthood?

22. How does a counsellor establish and maintain boundaries with clients?

23. How do ethical codes and guidelines help counsellors?

24. What coping mechanisms can be taught to individuals at risk of suicide?

———————