MAY 2024 **P/ID 28472/PPY3M**

Time : Three hours Maximum : 80 marks

PART A — (10 × 2 = 20 marks)

Answer any TEN questions in 50 words each.

1. Describe dream analysis.

2. What do you mean by latency period?

3. Define inferiority complex.

4. What is the purpose of existential therapy?

5. Describe non directive approach in counselling.

6. What do you mean by personal responsibility?

7. Define aversion therapy.

8. Describe integrated pharmacology.

9. Mention any two applications of cognitive behavior therapy.

10. What is ABC model?

11. Describe acceptance and commitment therapy.

12. What you mean by mindfulness?

PART B — (5 × 6 = 30 marks)

Answer any FIVE questions in 250 words each.

13. Explain structure of mind as explained by Sigmund Freud.

14. Explain the therapeutic process in Adlerian psychotherapy.

15. Bring out the difference between directive and non directive approach to counselling.

16. Discuss the therapeutic process in Gestalt approach to counselling.

17. Briefly explain systematic desensitization.

18. Elucidate any two therapeutic techniques used in REBT.

19. Explain significance of narrative therapy.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions in 500 words each.

20. Give a detailed account on Psychoanalytic therapy.

21. Summarize the significance, key concepts and therapeutic process in Gestalt therapy.

22. Explain integrated pharmacology and its applications.

23. Elaborate social learning approach to counselling.

24. Explain expressive arts therapy in detail.

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