DECEMBER 2022 **P/ID 28478/PPY4U**

Time : Three hours Maximum : 80 marks

PART A — (10 × 2 = 20 marks)

Answer any TEN questions in 50 words each.

1. Define Health Psychology.

2. What is Frustration?

3. Distinguish between the Biomedical and Biopsychosocial Model Health.

4. What is Eustress?

5. What is Healthy Life Style?

6. Define Obesity.

7. What is Physical Illness.?

8. What is Burnout?

9. Define Poor Nutrituion.

10. What is Mental Health?

11. How Stress is Inflected by Culture?

12. Define Habit.

PART B — ($5 \times 6 = 30$ marks)

Answer any FIVE questions in 250 words each.

13. Define Illness. Explain Bio-Medical Model of Illness.

14. Give a short note on mental Illness.

15. Write about the causes of Chronic Illness.

16. What are the limitations of Doctor Patient Communication?

17. Explain the Behavior Change Approach to Health Promotion.

18. Give an Account on the applications of Health Belief Model.

19. Explain the early Pregnancy and its Complications.

PART C — ($3 \times 10 = 30$ marks)

Answer any THREE questions in 500 words each.

20. Discuss the importance of Psychology in Health.

21. Explain the Techniques of Lifestyle Modification.

22. Describe the Types, Diagnosis and Treatment of Cancer.

23. Write about Adolescent Reproductive Health and its importance.

24. Write about the assessment of Psychological well being.