MAY 2025 **P/ID 28478/PPY4U**

Time : Three hours Maximum : 80 marks

PART A — (10 × 2 = 20 marks)

Answer any TEN questions in 50 words each.

1. What is dietetics?

2. Write about epidemiology.

3. Write a note on longitudinal research.

4. Write about holistic health.

5. Write about cyclic illness.

6. What is fertility?

7. What is early pregnancy?

8. What are sexually transmitted diseases?

9. Write about mood-disorders.

10. Write about active coping.

11. What are life style diseases?

12. What is heath promotion?

PART B — ($5 \times 6 = 30$ marks)

Answer any FIVE questions in 250 words each.

13. Enumerate on the expanded health care services.

14. Discuss about creative non adherence.

15. Give an account on separation anxiety.

16. State the mental disposition of women after child birth.

17. How do one manage reproductive health? Discuss.

18. Explain the consequences of chronic illness.

19. State the utility of relaxation techniques.

PART C — ($3 \times 10 = 30$ marks)

Answer any THREE questions in 500 words each.

20. Elucidate on the biopsychosocial model in health psychology.

21. Illustrate on factors predicting health behaviour.

22. Discuss about the reproductive and child Health policy in India.

23. Narrate on the different types of diabetics and its effect on health.

24. Elaborate on the life style modification techniques.

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