**DECEMBER 2022** **P/ID 28479/PPY4W**

Time : Three hours Maximum : 80 marks

PART A — (10 × 2 = 20 marks)

Answer any TEN questions in 50 words each.

1. Why is adolescence called as a time of unrealism?
2. What are some of the signals of adolescent maladjustment?
3. What are dream logs?
4. What are the four stages of use of miniature animals?
5. Describe use of metaphor in counselling.
6. How can ritual be used as a counselling strategy?
7. What is active listening?
8. Why are symbols used in counselling?
9. What is confidentiality?
10. Why are miracle questions used in counselling?
11. Describe proactive approach.
12. What kind of humor is not appropriate in counselling adolescents?

PART B — (5 × 6 = 30 marks)

Answer any FIVE questions in 250 words each.

13. Explain the physiological and psychological changes associated with adolescence.

14. Adolescence is a transitional period, substantiate.

15. How can we make use of adolescent communication process in counselling?

16. Explain the role of collaborative relationship in adolescent counselling.

17. What are micro-skills? Elaborate on the various micro skills of counselling.

18. When behavioural strategies are used in counselling? State its importance.

19. Write a note on creative counselling strategies.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions in 500 words each.

20. Explain the influence of childhood experience.

21. Discuss the nature of adolescence.

22. Write a note on foundations of proactive approach.

23. Bring out the role of psycho-educational counselling strategies.

24. Elucidate cognitive behavioural strategies used in counselling.

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